

# S.COMPOUND

## A LEUKOTRIENE INHIBITOR

Completely safe, Natural & scientifically tested

A NEW CLASS OF DISEASE MODIFYING  
NON-STEROIDAL ANTI-ARTHRITIC TRADITIONAL DRUG  
WITH A NOVEL MODE OF ACTION

### COMPOSITION:

Salai gum (Boswellia Serrata) processed in Rasnadi Kwatha & Suranjan : 300 mg

### CHEMICAL COMPOSITION:

Boswellic acids are a complex mixture of Pentacyclic Triterpenic acids.

B - boswellic acids Acetyl-B-boswellic acid

11-Keto-B-boswellic acids

Acetyl-11-Keto-B- boswellic acids

### INTRODUCTON:

Rheumatism is derived from the Greek Word rheumatismos which designated “mucus as an evil humor which was thought to flow from the brain to the joints and other parts of the body producing pain” Rheumatic diseases are chronic or sub-acute, systematic inflammatory disorders principally involving the small joints of the hand wrists, ankles, knees and cervical spines. The shoulder elbow and hip joints in the body may be affected in more severe form. According to Ayurveda, an ancient system of medicine practiced in India and Asia since centuries “AAMA” which is abode of many diseases in an established major cause of Rheumatic diseases. “AAMA” is undigested product of diminished “AGNI” in a person who indulges in a mutually contradictory foods, leads a sedentary life, eats unctuous food does not perform any exercise or various such other factors. Arthritis is one of the most neglected disease yet. In view of the draw backs, a search was launched to identify a safe and active anti-arthritis drug, a lead was taken from the ancient books of Ayurveda “Sushruta Samhita & Charak Samhita” salai Gugglu ex Boswellia serrata was identified and processed as S.COMPOUND

### PHARMACOLOGY & TOXICOLOGY

Chronic Toxicity in rabbits for three months: Salai guggul in 2% gum acacia in two doses and one control of 2% gum acacia were administered orally in three groups of rabbits. Hematological and biochemical estimation revealed no deviation from normal parameters. Macroscopic and microscopic examination of vital organs revealed no change in weight, size, coloration and histo pathology. Chronic toxicity in monkeys also showed no change in hematological and biochemical parameters.

### THERAPEUTIC USES

It is used in rheumatic disorders.

Morning stiffness & Pain, Joint Swelling, increases mobility, Improves functional activity, Feeling of well-being. It strikes at the root of the disease; restores the freedom of movement It is devoid of adverse effects- gastric irritation; peptic ulcer, hemorrhages bleeding of GIT

# S.COMPOUND®

## **S.Compound has benefitted thousands of patients of Crippling Disorder**

Dr. Hardyal Singh M.D, MNAMS, Director Principal Guru Ram Dass Institute of Medical Sciences & Research Amritsar

## **Central drug research institute Lucknow, ACSIR Unit : December 1984**

S.Compound has better activity than Phenylbutazone S.Compound

## **Post Graduate Department of Medicine, Government Medical College, Jammu**

Further work on Osteo Arthritis taken up by the Post Graduate Department of Medicine, Government Medical College, Jammu, also confirmed S. Compound's efficacy in its treatment. The research work was published in Indian Practitioner.

S.Compound was tried in 30 patients of chronic Osteo arthritis of primary aetiology, 60% of the patients started showing improvement in symptoms and signs by second week and by twelve weeks they had full relief, while 33.3% of the patients had to take drug for twenty four weeks for full relief. In the control group treated with Ibuprofen only 30% showed improvement. Very few side effects were noted in the patients treated with S.Compound as compared to patients treated with Ibuprofen.

The study was carried out Dept of Post Graduate Medicine, Govt. Medical College Jammu.

**Courtesy:** The Indian Practitioner: Jan 1993

## **Efficaciousness proved in Controlled Studies**

Controlled Studies at the Government Ayurvedic College Hospital and Government Medical College (both in Jammu), were conducted, and established its efficacy in the treatment of Rheumatoid Arthritis and Osteo Arthritis and allied ailments.

## **Directorate of Indian System of Medicine, Jammu & Kashmir**

After the creation of Directorate of Indian System of Medicines in J&K state in 1988, it took up trials of S. Compound and certified its efficacy. The formulation was tested by Ayurvedic experts on thousands of patients in more than 400 dispensaries.

## **Studies with S. Compound in the treatment of Rheumatoid arthritis**

Dr. ShaymaWanchoo, Assistant Director, Health Services, J&K Government and Dr. Gurmeet Singh, Medical Officer, Government Ayurvedic Dispensary, Jammu.

The study was conducted on twenty patients ailing from Rheumatoid Arthritis and showing major symptoms like pain, swelling, stiffness, effusion of the joints and restriction of movement. They had marked morning stiffness.

Patients treated with S. Compound indicated excellent recovery during the course of treatment. Though progress varied in different patients, it was noticed that there was 75-85% relief with regard to morning stiffness, pain and swelling of the joints, walking time and the patient's own impressions of overall disease activity.

It was observed that the noteworthy effect of S. Compound was due to its anti-inflammatory, analgesic, anti-arthritis action and also due to the prevention of degenerative changes. The most significant factor is that none of the patients was exposed to after effects during the treatment conducted with S. Compound.

Souvenir, All India Ayurvedic Meet, November 1983.

## **Ayurveda, Yoga exercises only solution to arthritis**

INDIAN EXPRESS J&K News line.May 29,2004 Express News Service, Jammu, May 28

Mr. Patel, former Union Minister, Government of India, said that his wife, a longtime sufferer of arthritis of the knee joint, had repeatedly been advised painkillers by doctors at Ahmedabad and Delhi without any significant relief. Finally doctors at the Central Government Health Scheme, Delhi had prescribed the herbal formulation S.COMPOUND.

Mr. Patel stated that S.COMPOUND was so effective that within four weeks there was a marked improvement in his wife's condition. Complimenting Dr. Mahajan for his wonderful discovery, Mr. Patel said that his wife who had been unable to walk earlier had recently visited Mata Vaishno Devi without feeling any sort of pain.

## **Department of Pharmaceutical Sciences, Tubingen University, Germany**

The Department of Pharmaceutical Sciences, Tubingen University, Germany, has established S. Compound as a Leukotriene Inhibitor, and has efficacy in all inflammatory conditions.

## **European Journal of Medical Research: November 17, 1998**

Effects of Boswellia Serrata Gum Resin in Patients with Bronchial Asthma: Results of a Double Blind, Placebo-Controlled, 6-week Clinical Study

## **Planta Medical 67 (2001)**

Effects of Gum Resin of Boswellia Serrata in Patients with Chronic Colitis  
*Authored by:* Prof HPT Ammon, Department of Pharmacy, Institute of Pharmaceutical Sciences, University of Tubingen Germany

**New Delhi, September 19, 2015:** Whole Pharma industry is looking for new safe and effective pain killer. Number of herbal formulation can be more successful pain killers. These formulations are safe even. S.Compound a herbal formation which had established better results than Phenylbutazone and Ibuprofen during clinical investigation can take the whole world as surprise. In India Ministry of Health has already accepted it as a Medicine and is on the approved list of Medicines for the last more than two decades.

Today, S.Compound has become synonymous to the herb Boswellia Serrata on which it is based.

The formulation S.Compound had shown its result in Ulcerative Colitis and Bronchial asthma, research papers can be seen in European Journal of Medical Research & Planta Medica. WHO had also inserted research work of S.Compound while giving description of the herb Boswellia Serrata in its book titled Monograph on Selected Medicinal Plants Vol IV.

In arthritis it has become a medicine of choice. For details visit: <http://www.arthritisremedy.in>

The Formulation has been introduced in India by GMP Compliance National Award Winning Company RAHUL PHARMA Jammu.

## **Corporate Commindia(CCI Newswire)**

**Courtesy:**<http://www.thepharmatimes.in/index.php/extras/jstuff/content-views/category-list-view/2033-number-of-herbal-formulation-can-be-successful-pain-killers>

World Health Organization in its book titled Monograph on Selected Medicinal plants Volume IV inserted the research work on S.Compound under caption clinical pharmacology while depicting Medicinal Plant BoswellioiaSerrata on which S.Compound is based.

## **The India Post**

Published On: Sun, Jun 22nd, 2008

Jammu,22 June:Dr.VirenderMahajan Medical Director Maharishi Charak Ayurvedic Centre for Rheumatic Diseases, Jammu who has developed a very effective herbal arthritis drug some thirty years back stated that the arthritis herbal drug can be a ray of hope for cancer sufferers. He said in ancient Ayurvedic texts SalaiGuggul (Boswelliaserrata) has been described for number of ailment including tumors. Taking the lead from the texts, the herbal drug S.Compound which was basically for arthritis was prescribed to cancer patients, though it was on experimental basis because the drug was prescribed to decrease the inflammation & size of tumor and pain but it was too my utter surprise the patient who was declared as a terminal case responded to the drug S.Compound well, his quality of life was not even improved but the life span was increased. It has provided an opportunity to work on cancer.

Tubingen University in Germany in a communication dated July 10, 1997 also stated that the drug inhibits proliferation of glioblastoma cells, astrocytoma cells, lymphoma cells and melanoma cells. Normally the drugs suppress an ailment but S.Compound inhibits the growing process of an ailment, basic difference between a chemically processed drug and an herbal drug. More over this drug was given to the cancer sufferers with multiple metastases; its effect was magic one. Dr. Mahesh Chander Sharma, a senior Ayurvedic Medical Officer with J&K Government health Services has also tried S.Compound on cancer patients with promising results. He has taken up the matter with Government for starting controlled studies on the drug in collaboration with Oncology department because S.Compound is one of the cheapest drugs. J&K Government has also written to Union Health Ministry for further evaluation of the drug in cancer.

Dr. Mahajan further stated that the drug S.Compound which confirms to international standards has been used by millions of sufferers in the last more than two decades with positive results. It has been on the approved list of Central Government Health Scheme for the last more than two decades. The research work also stands published in reputed National & international Medical journals.

One of the leading Rheumatologists of the North India Dr. Hardyal Singh described that it has cured thousands of sufferers of crippling disorder. Dr. Hardyal Singh was Principal Government Medical College Amritsar & was Director Medical Education & Research Punjab Government. Due to its efficacy and promising results Art of Living headed by H.H Sri SriRavishankarJee has decided to promote the drug S.Compound.Dr. Mahajan in an appeal to Medical fraternity in particular across the globe and Government agencies to come forward and explore further possibilities and role of herbal drug S.Compound in cancer in the interest of ailing community.

There is a lot of potential in herbs but the need of the hour is to exploration with dedication and sincerity. Dr Mahajan further stated that "I don't admire for a kingdom. Nor do I desire for heaven, only I wish to see ailing masses free from pain & sufferings"

## S. Compound

# A ray of hope for arthritis

*Excelsior Correspondent*

Thanks to ancient science Ayurveda which came up with a unique wonder drug under the name of S.Compound.

Work on herb was started in the year 1974 and ultimately it was confirmed that the herb has great potential in inflammatory conditions. However, its role on arthritis was explored because it was the most neglected disease by the scientists and Medical fraternity. The available pain killers were causing huge harm to our body systems and some of the available pain killers were even banned in Europe.

The herbal medicine S.Compound was compared with Phenylbutazone by the scientists of Central Drug Research Institute Lucknow in the year 1983 and was found better in efficacy

Controlled Clinical trials were carried out on human beings suffering from Rheumatoid arthritis; Is not only its efficacy was confirmed but it was also found safe in long duration. The research work was published in Eastern Pharmacist which was reported by country's premier News Agency United News of India on 21.06.1982 under the

suffering from arthritis of the knee joint. The doctors at Ahmedabad and Delhi advised number of painkillers and physiotherapy treatment but without any significant relief. Finally the doctors at the Central Government Health Scheme, Delhi prescribed the drug "S.Compound" an Ayurvedic medicine manufactured by Jammu based company Rahul Pharma. He stated that the drug was so effective that within four weeks there was a marked improvement in the condition of his wife. He said that he consulted the discoverer of this wonder drug Dr.VirenderMahajan who has been awarded National Award by the President of India and even by the J&K Government for his outstanding contribution in the field of Ayurvedic research.

Dr. Mahesh Chander Sharma, senior Ayurveda Physician described S.Compound as a wonder drug and confirmed its role in cancer. He stated that when used with conventional drugs of cancer in terminal cases, I had observed that the drug maintain Quality of the patient. He confirmed that S.Compound has more than 70-80% success rate in Rheumatoid arthritis patients. However it checks the further aggravation of joints in early stages



caption: Hope for arthritis patients. The news states Jammu Pharmaceutical firm has developed an Ayurvedic Medicine that may prove a ray of hope for arthritis patients. It was observed during trials conducted in patients suffering from chronic Rheumatoid arthritis that the drug afforded between 70 and 80 percent relief with regard to swelling in joints and tenderness, morning stiffness, walking time and patients own impression of overall disease activity. According to Eastern Pharmacist, a leading pharmaceutical journal, it appears that the drug acts on the basic pathological process responsible for the genesis of Rheumatoid arthritis.

Due to coverage in large number of Indian News Papers, Indian Health Minister gave. A statement in November 1983 that Rahul Pharma Jammu developed an Ayurvedic drug in the name of S.Compound. The main ingredient of the drug is Salai sGuggul. This drug is claimed to be very effective for the treatment of Rheumatoid arthritis.

Former Union Minister of State for Commerce Shantilal Patel while speaking to Indian Express on 29.05.2004 stated that Arthritis is one of the most painful diseases and has increased many folds due to change in life style of people, he said, based on his experiences, that the persons who live a sedentary life are the most affected people.

Patel, while narrating an example, said that his wife was

The developer of the Drug Dr.Virender Mahajan who devoted his almost all his life today is the happiest person because the plant on which he started working in 1974 is also known by the name of his drug S.Compound; its reference can be seen in number of reference books of Europe, USA. Dr.Mahajan who graduated in Ayurveda in 1970 was given Doctor of Science by Sri Lanka University. He was given National Award 1986 by, The President of India and J&K Government Award on the occasion of Independence Day 1988.Dr. Mahajan was former President Board of Unani and Ayurvedic Systems of Medicines. He is also connected with number of research and professional organisations in India and Abroad.

Dr.Mahajan has made a very big offer to research Institutions for free supply of S.Compound. He has organised number of Camps in J&K and outside J&K for arthritis & allied ailments. Mr Sudhir Arora, one of the leading Chartered Accountant of Jammu who had a severe attack of arthritis which made him crippled told the Excelsior that the drug S.Compound gave him a new lease of life because "I was very much depressed with arthritis. It is really a Make in India product and should be promoted by all means. He also confirmed that the product was exhibited by Indian High Commission in Vienna as Make in India product in April 2016."

# Rahul Pharma honored by ASSOCHAM with award for excellence in Innovation 2018

Dr.Virender Mahajan Receiving Award from Dr. Jitender Singh , Union Minister of State in Minister of State I/C DoNER, MOS PMO, Jammu, February 24, 2018: Rahul Pharma National Award Winning & GMP certified Pharmaceutical concern of Jammu has been honored and felicitated by the prestigious industry body ASSOCHAM with the Award for Excellence 2018 in the field of Innovation at a special function held in Jammu.

The award was received by Dr Wender Mahajan, developer of anti-arthritic wonder drug S.Compound and proprietor of Rahul Pharma from Dr. Jitender Singh , Union Minister of State in Minister of State I/C DoNER, MOS PMO, DoPT, Space & Atomic Energy Government of India in the presence of Shri Chander Parkash Ganga, Minister for Industries & Commerce AK state, Sh.D.S. Rawat Secretary General ASSOCHAM, Shri Manguirish Pai Railkar, Chairman ,National Council for Development of MSME, ASSOCHAM, Sh. Rakesh Gupta President Chamber of Commerce & Industry Jammu , Mr. Anil Kishore Chief General Manager SBI . Representatives from J&K Government, Industry and Bank sector were also present at the colorful function organized by ASSOCHAM, The Associated Chambers of Commerce & industry of India, Serving the Nation since 1920” .

The award was given to recognize the company's efforts in providing world's most effective evidence based clinically tested safe anti-arthritic herbal Medicine under the brand name of S.Compound based on Boswellia Serrata, grow wild in western part of country. The research work on the herbal drug S.Compound stood published in leading National & International Medical Journals like European Journal of Medical Research, Planta Medica, Indian Practitioner & others. World Health Organization inserted Research work on S.Compound under clinical pharmacology in its book titled Monograph on selected Medicinal Plants volume IV while describing Boswellia Serrata. Central Council for Research in Ayurvedic Sciences also inserted research papers on S.Compound while compiling its catalogue under safety and efficacy.

It is to be pointed out here that Arthritis is one of the most painful diseases and in uncontrolled conditions it leads to deformity. Western Doctors failed to develop a specific treatment yet. The Medicines prescribed by the western Doctors are causing great harms to our body system. S.Compound not even treats the disease but also helps in prevention.

## **Corporate Comm India (CCI Newswire)**

Courtesy:

<http://thepharmatimes.in/rahul-pharma-honored-assochem-award-excellence-innovation-2018/>

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<http://www.arthritisremedy.in>

[http:// jointspainremedy.com/](http://jointspainremedy.com/)

## HOPE FOR ARTHRITIS PATIENTS

New Delhi June 21 (UNI) Jammu Pharmaceutical firm has developed an Ayurvedic medicine that may provide a ray of hope for arthritis patients .It was observed during trials conducted in patients suffering from Chronic Rheumatoid Arthritis that the drug afforded between 70 and 80 percent relief with regard to swelling in joints and tenderness, morning stiffness, walking time and patient's own impression of overall disease activity. According to Eastern Pharmacist, a leading Pharmaceutical journal, it appears that the drug acts on the basic pathological process responsible for the genesis of Rheumatoid Arthritis.

**Courtesy: HINDUSTAN TIMES DELHI, TIMESOFINDIA,  
NATIONAL HERALD, THE STATES MAN, THE TRIBUNE  
22.6.1982**

**The research was carried out at Government Ayurvedic  
Hospital JAMMU**

**S.Compound was tried in 30 patients of chronic Osteo arthritis of primary aetiology , 60% of the patients started showing improvement in symptoms and signs by second week and by twelve weeks they had full relief, while 33.3% of the patients had to take drug for twenty four weeks for full relief. In the control group treated with Ibuprofen only 30% showed improvement. Very few side effects were noted in the patients treated with S.Compound as compared to patients treated with Ibuprofen**

**The study was carried out Deptt of Post Graduate Medicine, Govt. Medical College Jammu**

**Courtesy: THE INDIAN PRACTITIONER: JAN 1993**

**CENTRAL DRUG RESEARCH INSTITUTE LUCKNOW , A  
CSIR UNIT: DECEMBER 1984**

**S.COMPOUND has better activity than Phenylbutazone  
S.COMPOUND**

GOVERNMENT OF INDIA

MINISTRY OF HEALTH AND  
FAMILY WELFARE

RAJYA SABHA

UNSTARRED QUESTION No. 127

TO BE ANSWERED ON THE 24th JULY, 1985.

AYURVEDIC MEDICINE 'S' COMPOUND

127. SHRI DHARAM CHANDER PRASHANT:

Will the Minister of HEALTH AND FAMILY WELFARE

be pleased to state:

- (a) whether it is a fact that his Ministry has approved an Ayurvedic medicine 'S' Compound;
- (b) whether Government propose to make it a substitute of phenylbutazone, a drug withdrawn from a number of countries for its dangerous side-effects; and
- (c) what steps have been taken by Government to export this medicine to other countries for earning foreign exchange?

SHRI YOGENDRA MAKWANI:

MINISTER OF STATE FOR HEALTH  
AND FAMILY WELFARE

- (a) Yes Sir,
- (b) There is no proposal for substitution of S. Compound, an Ayurvedic drug in place of Phenylbutazone, which is an allopathic drug.
- (c) So far the Government has not explored the possibility of exporting this medicine to other countries.

# PRESCRIPTION DRUG STATUS TO S.COMPOUND BY SRILANKA GOVT

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**ஆயுர்வேத திணைக்களம்**  
**DEPARTMENT OF AYURVEDA**



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 NO. 03, DEPT. OF AYURVEDA, KANAKA, SRI LANKA

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E-Mail: departmentofayurveda@gmail.com      Web site: www.ayurveda.gov.lk

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රජමලාන, අක්කිඩිය පාර, අංක: 18/2 දරණ ස්ථානයේ පිහිටි පී. ජයනෙත්ති සහ සුභසෝ (පුද්.) සමාගම විසින් මෙරටට ආනයනය කිරීමට අවසර ඉල්ලා ඇති ඉන්දියාවේ නිෂ්පාදිත පහත නම් සඳහන් ආයුර්වේද ඖෂධය ආයුර්වේද සුභ කම්පුට විසින් පහතින් ලද පහත සඳහන් කොන්දේසි වලට යටත්ව සංයෝජිත වර්ගීකරණ උපලේඛණ අංක 02 යටතේ ආනයනය කිරීම අනුමත කර ඇත.

**ඖෂධයේ නම**

S. Compound Capsules

**ඖෂධයේ ලියාපදිංචි අංකය**

03/01/PB/16/604

**ඖෂධය නිෂ්පාදන සමාගම**

Rahul Pharma,  
 No. 37 A, Phase III,  
 Industrial Extin Area,  
 Gangyal Jammu 180010,  
 J & K State India.

**කොන්දේසි**

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- මෙම ඖෂධය ආනයනය කිරීමේ අවසරය 2015.12.30 දින සිට 2018.12.29 දක්වා වලංගු වෙයි.
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## ENGLISH TRANSLATION OF S.COMPOUND REGISTRATION CERTIFICATE

IMPORT AND EXPORT CONTROLLER  
DEPARTMENT OF IMPORT AND EXPORT  
COLOMBO 1.

IMPORT OF FINISHED AYURVEDIC PRODUCTS

THE FOLLOWING MENTIONED AYURVEDIC MEDICINE MANUFACTURED IN INDIA HAS BEEN APPROVED BY  
THE EVALUATION COMETTEE OF AYURVEDA. UNDER THE FOLLOWING RULES AND CONDITIONS IMPORTER  
P.JAYANETTI & SONS (PTE) LTD 18/2 ATTIDIYA ROAD RATMALANA

CATIGORY OF NO 3

NAME OF PDODUCT

S.COMPOUND CAPSULES

REGISTERED NUMBER

03/01/PB/16/604

NAME OF THE MANUFACTURER

RAHUL PHARMA

No.37 A, PHASE 111

INDL AREA GANGAYAL JAMMU 180010

J&K STATE.INDIA

CONDITION

1. THIS DRUG COULD NOT BE BUBLISHRD THROUGH MEDIA WITH OUT PREMISSION.
2. CERTIFICATE OF IMPORT VALITITY FROM 2015.12.30 TO 2018.12.29.
3. RECOMMENDED AS PRICRIPTION MEDICINE.

P.S K.R. WEEREKON

COMMISSINEER OF AYURVEDA

COPY: 1 DIRECTOR GENERAL OF CUSTOM

2 DIRECTOR P.JAYANETTI & SONS (PTE) LTD

S.COMPOUND HAS BENEFITTED THOUSANDS OF PATIENTS OF CRIPPLING DISORDER

**Dr Hardyal Singh M.D,MNAMS, Director Principal Guru Ram Dass Institute of Medical Sciences & Research AMRITSAR**

**Health Minister's Statement in Indian  
Parliament: November: 1983**

**Rahul Pharma Jammu has developed an Ayurvedic drug in the name of S.Compound .The main ingredient of the drug is Salai Guggul. This drug is claimed to be very effective for the treatment of Rheumatoid arthritis**

**INTERNATIONAL PUBLICATIONS ON  
S.COMPOUND/BOSWELLIA SERRATA**

**EUROPEAN JOURNAL OF MEDICAL  
RESEARCH: NOVEMBER 17 1998**

Effects of Boswellia Serrata Gum Resin in  
Patients with Bronchial Asthma: Results of  
a Double Blind, Placebo -Controlled, 6-Week  
Clinical Study

**Planta Medical 67(2001)**

Effects of Gum Resin of Boswellia Serrata  
in Patients with Chronic Colitis  
Authored by: Prof HPT Ammon, Department of  
Pharmacy, Institute of Pharmaceutical  
Sciences, University of Tübingen Germany

## **S.COMPOUND HAS BETTER ACTIVITY THAN PHENYL BUTAZONE**

**Dr R.C SRIMAL**

**Asstt Director**

**Division of Pharmacology**

**CENTRAL DRUG RESEARCH LABORATORY, Chattar Manzil, and Post**

**Box No: 173**

**LUCKNOW- 220001 I (NDIA)**

in a communication No: nil dated December 20,1984 to Dr Virender Mahajan  
344 Bakshi Nagar Jammu stating the efficacy of S.COMPOUND in  
Rheumatoid Arthritis. The detailed report is produced as under: -

### **COTTON PELLET TEST:**

The technique of winter and porter (1957)  
was employed in rats. The drug was  
Administered orally once a day for 6 days  
and the experiment was terminated on the 7th. Day. Results are given below:

Dose (mg/kg Poliomyelitis)	% inhibition
68	22.2
Phenylbutazone 30	18.0

**CLINICAL STUDY & REPORT ON S.COMPOUND & OTHER  
DRUGS MANUFACTURED BY RAHUL PHARMA  
COLLECTIVELY USED BY 350 DOCTORS WORKING IN  
GOVERNMENT DISPENSARIES of J&K GOVERNMENT,  
REPORT WAS SIGNED BY DIRECTOR INDIAN SYSTEMS OF  
MEDICINES (HEALTH)**

DIRECTOR

Indian System of Medicines  
Jammu & Kashmir Government  
Jammu/Srinagar

D.O. No DISM/ 307 dated 03.07.1992

My dear Shri Kaviraj Somnath ji:

I feel it a pleasure to certify on the basis of my personal knowledge and reports given to me about some of the Ayurvedic products manufactured by M/s Rahul Phrama Jammu. Which include cap. S.Compound. The drug was requisitioned by the field officers after proper verification for the use of Unani and Ayurvedic dispensaries. These officers after proper verification had found them effective to maximum extent.

**Cap. S.Compound:**

S.Compound which is in capsule form is said to contain Boswellia Serrata as the main ingredient prepared and processed on herbal extracts. The drug was requisitioned by the different district officers who have found it effective in Gout, Rhemuto1d Arther1ts and degenerative joint diseases. I personally used these drugs very safely; I have also gone \_ through different clinical reports of I.S.M practitioners provided to me by you. S.Compound has a better activity in the field of herbal drugs.

The above product was purchased during different years for the Use I.S.M. dispensaries of J&K state numbering 350.

SIGNED BY  
Dr TAHIR MUFTI  
M.D

## STUDIES WITH S.COMPOUND IN THE TREATMENT OF RHEUMATOID ARTHRITIS

• Dr (Mrs.) Shayma Wanchoo

\*\* Dr Gurmeet Singh

Rheumatoid Arthritis is a disease of inflammatory nature. It early affects the peripheral joints usually in symmetrical fashion and later spreads to other joints, which become swollen and painful. There is considerable systematic disturbance such as anemia, loss of weight etc. The disease appears to rise as the result of complex inter play between environmental factors or failure of adoption of stress of various kinds, including infection It is suspected that such a condition can also be inherited as an inborn error of metabolism. The earliest changes occur in synovial membrane, which become hyperaemic and edematous. There is an inner increase in the sedimentation rate of the red cells with undue fatigue and morning stiffness. The proximal inter phalangeal joints are usually the first to be affected. The over lying skin often assumes a dusky cyanotic hue. Implication of ankles, feet, knees, elbows, shoulders and wrists generally follow soon. Morning stiffness is a troublesome main feature at this stage. As the Rheumatoid process involves connective tissue through out coldness of the extremities, cyanosis and spasm does exist, the skin of the extremities become shiny and atrophic.

It was decided to observe the efficacy of the newly discovered Ayurvedic preparation S.COMPOUND in the treatment of Rheumatoid Arthritis. The Ayurvedic Medicine manufacturing firm Rahul Pharma Bakshi Nagar Jammu had claimed that S.Compound is useful in Rheumatoid Arthritis, Ankylosing Spondylitis, Degenerative joint disease, acute gout, and soft tissue Rheumatism. In consideration of the fact that manufacturing firm belongs to Jammu and bearing in mind the claims about the efficacy of the preparation, the trial was started. The study was conducted on twenty patients ailing from Rheumatoid Arthritis and showing major symptoms like pain, swelling, stiffness, and effusion of the joints and the restriction of the movements. They had marked morning stiffness.

2 Capsule of S.Compound having 300 mg medicine each capsule were administered to the patients twice daily for seven days followed by 1 cap twice daily for the next fourteen days. The patients indicated excellent recovery during the course of treatment. The progress varied in different patients. It was noticed that there was 75% to 85 % relief with regard to morning stiffness, pain and swelling of the joints, walking time and the patient's own impression of overall disease activity. The basic pathological process responsible for the genesis of Rheumatoid Arthritis is affected by the Ayurvedic Medicine S.Compound, which contains SHALLAKI (Boswellia Serrata) processed in herbal juices.

It is observed that noteworthy effect of S.Compound medicine in the above mentioned cases was due to the anti-inflammatory, analgesic, anti-arthritis action and also due to the prevention of degenerative changes. The most significant factor is that none of the patient was exposed to the after effects during the treatment conducted with S.Compound.

• Assistant Director Health Services (IM) J&K Government

• \*\*Medical Officer Government Ayurvedic Dispensary Jammu

# A ray of hope for Arthritis

There is heartening news for all those suffering from Rheumatic and other skeletal disorders. Thanks to Ayurveda S.COMPOUND a herbal medicine developed by Dr Virender Mahajan, illustrious son of an eminent Ayurvedic Physician hailing from Mirpur now in POK, Late Dr Som Nath Gupta Vaidya Vachaspati. According to Dr Mahajan Director Maharishi Charak Ayurvedic Centre for Rheumatic Diseases, S.COMPOUND provides quick relief from pain, inflammation and tenderness without causing any side effects as in the case of Phenylbutazone. Ibuprofen and other synthetic medicines.

What are Rheumatic Diseases: -

Rheumatic diseases are chronic or sub acute systemic inflammatory disorders mainly involving the small joints of the hands, wrists, ankles and cervical spines. The shoulder, elbow and hip joints are less commonly involved. Any synovial joint in the body is prone to be affected in more severe form. The joints become swollen, painful and stiff on aggravation, which ultimately is liable to cause immobility and physical deformity. As per latest statistics about 1% of the total population of India is suffering from this disease.

Rheumatism is derived from a Greek word Rheumatismos which designated mucus as an evil humour which was thought to be flown from the brain to joints and other parts of the body, causing pain, swelling and even skeletal deformation. Dr Mahajan born and educated in Jammu completed his graduation in Ayurveda from Allah bad and also Diploma in Naturopathy from Lucknow preferred to take research work instead of joining Government service. The latest clinical investigations, which were carried out at Post Graduate Deptt of Medicine, Medical College and S.M.G.S Hospital, revealed that the drug S.Compound has curative effect on Osteo arthritis patients instead of symptomatic effect. The drug S.Compound stands approved by the Government of India under Central Govt. Health Scheme. In recognition of Dr Mahajan's meritorious services in the field of Ayurveda, he was awarded several national and state level awards. One of the Sri Lankan University conferred him Doctor of Science in view of his outstanding contribution in the field of alternate system of medicine for developing an anti arthritis medicine from herbs. In ever increasing zeal for research in Ayurveda, Dr Mahajan started a specialized clinic for patients of Rheumatic Diseases under the name of Maharishi Charak Ayurvedic Centre for Rheumatic Diseases at 344 Bakshi Nagar Jammu. Maharishi Charak Ayurvedic Centre for Rheumatic Diseases Jammu is currently providing specialized services to all sections of the society and has successfully treated more than 20000 patients suffering from various types of Rheumatic Diseases.

The patients from abroad are also coming to take consultation; the Centre is also receiving trade enquiries from U.K, U.S.A. One of the leading Pharmaceutical firm of USA is trying to have agreement on herbal medicines Dr Mahajan has stated that the drug which is basically for Rheumatoid Arthritis and Osteo Arthritis has shown very promising results in ulcerative colitis and asthma. He further claimed that the drug could cure cancer if given in high dose He said that he had taken up the matter with the Union Health Ministry for further investigation on cancer. Dr Mahajan has participated in number of scientific conferences /seminars in and outside the country. In the present age of synthetic drugs which while giving temporary symptomatic relief, create many other complications and side effects, ultimately leading the patient to nowhere. Maharishi Charak Ayurvedic Centre offers a glimmer of hope for the patients of Rheumatic Diseases who can get rid of this immobilizing malady without any side effect, with the help of herbal medicines. **Courtesy: DAILY NEWS COLOMBO SRILANKA**

# INDIAN EXPRESS

**J&K NEWSLINE** Dated: 29.5.2004

## **Ayurveda, Yoga exercises only solution to arthritis”**

**EXPRESS NEWS SERVICE, JAMMU, MAY 28.** Ayurveda and yogic exercises are the only solutions to arthritis, which leads to deformity and may even cripple the sufferers, Shantilal.P.Patel, Former Union Minister said while speaking at the function organized in his honour at Arthritis Clinic 344 Bakshi Nagar Jammu.

Arthritis is one of the most painful diseases and has increased many folds due to change in life style of people, he said. Based on his experiences, he said that the persons who live a sedentary life are the most affected people.

Patel, while narrating an example, said that his wife was suffering from arthritis of the knee joint. The doctors at Ahmedabad and Delhi advised number of painkillers and physiotherapy treatment but without any significant relief. Finally the doctors at the Central Government Health Scheme, Delhi prescribed the drug ”S.Compound” an Ayurvedic medicine manufactured by Jammu based company Rahul Pharma. He stated that the drug was so effective that within four weeks there was a marked improvement in the condition of his wife. He said that he consulted the discoverer of this wonder drug Dr.Virender Mahajan who has been awarded National Award by the President of India and even the J&K government for his outstanding contribution in the field of Ayurvedic research.

The former Union Minister while complementing Dr Mahajan for the discovery of this wonderful drug said that he is so delighted that his wife who was unable to walk has gone to Mata Vaishnodevi without feeling any sort of pain. He said that though the changes caused due to the disease are irreversible, the patient can live a healthy and better life with the support of wonderful drug S.Compound which can give a new life to such patients.

It may be added here that the arthritis clinic run under the direct supervision of Dr. Virender Mahajan offers free consultation to all the sufferers of arthritis for treatment/prevention of the disease.

## DISCOVERER OF AYURVEDIC CURE FOR RHEUMATISM, ARTHRITIS: INDIA FILE

There is hope for those suffering from rheumatic and arthritic diseases, thanks to the Indian System of Medicine S.Compound discovered by Dr Virender Mahajan provides quick relief from pain, inflammation, and tenderness and is better than the allopathic Phenylbutazone. The drug has no toxic effects according to clinical reports of the Central Drug Research Institute Lucknow. According to Dr Mahajan," rheumatism is derived from the Greek word rheumatismos, which is designated as "mucus as an evil humour which was thought to flow from the brain to the joints and the other portion of the body, producing pain. Arthritis is one of the oldest known yet neglected disease. According to Dr Mahajan 8.5 million people in India suffer from this ailment. S.Compound a traditional drug for osteo arthritis patients was administered to 30 chronic patients in the age group of 50-72 at the SMGS Hospital in Jammu from July 90 to June 1992. Out of the thirty, 18 were men, 12 women. These patients were treated for 12 to 24 weeks. They started showing signs of improvement in the second week and were all right in 12 weeks. In the case of 20 patients were treated with Ibuprofen for 12 to 24 weeks, only six patients showed recovery in 12 weeks. Dyspeptic symptoms in the form of pain in abdomen distension and loss of appetite were reported in 8% of the patients treated with S.Compound while 60% of the Patients treated with Ibuprofen had dyspeptic symptoms .The medicine is prompt in reducing joint swelling and increase in mobility devoid of any side effects like peptic ulcers, hyperacidity and safe during pregnancy .The medicine is a composition of Sallaki (Boswellia Serrata ) processed in 27 herbal juices. Mahajan was given a National Award in 1986 in the field of Ayurveda by the then President R. Venkatraman .The Jammu & Kashmir Government honored him in 1988 .He was also awarded by Madhya Pardesh Ayurved Mandal and the Bihar Unit of All India Ayurvedic Congress. On November 25,1994 Medicina Alternativa Institute affiliated to the Open International University for Complimentary Medicines conferred on Mahajan a degree of Doctorate of Science in Colombo. A Sri lankan firm will purchase S.Compound worth Rs 3 lakh for one year Mahajan said. The Michigan state University USA, also interested in studying Indian Ayurvedic drugs has decided to send its representative to his Rahul Pharma in Jammu Virender Mahajan born in Jammu in 1949 obtains his degree in Ayurveda and diploma in Naturopathy from Allahabad and Lucknow involved in research and set up Rahul Pharma in 1982. Encouraged by his father Mahajan took to Ayurveda .His elder brother is a dentist. Mahajan was inspired by well known Vaidya Shiv Sharma ,a Padam Bhushan Awardee to do research in Ayurveda on the pattern of western science. To day , Dr. Mahajan 's S.Compound is prescribed by the doctors of Employees State Insurance Corporations, hospitals of Himachal Pardesh, Jammu & Kashmir, Uttar Pardesh, Central Government Health Scheme. Despite not having a net work, his medicine is in demand from places far off as Dadar,Nagar ,Haveli and Lakshadweep. Since 1980 Mahajan has dedicated himself to research. He set up the Maharishi Charak Ayurvedic Center, a specialized clinic for rheumatic patients .The aim of this centre to develop a modern Ayurvedic System for investigation diagnosis and treatment of rheumatic diseases. The center offers financial aid and scholarships to candidates offering to go for higher studies in traditional medicines. The Centre has treated 15000 patients many of whom come from Banglore , Bombay, Delhi .The Centre has the services of qualified and experienced Ayurveda specialists. According to Dr Mahajan, about 200 patients suffering from ulcerative colitis are kept under constant observation at the gastroentology department. The patients are also examined from time to time on western parameters for their satisfaction Dr Mahajan said

Courtesy SUNDAY MAIL January 22-28,1995

# DAILY EXCELSIOR

[www.dailyexcelsior.com](http://www.dailyexcelsior.com)

December 8, 2002

## ARTHRITIS IS CURABLE NOW

**ARTHRITIS PATIENTS HAVE RAY OF HOPE PROVIDED IT IS TREATED IN TIME SAYS, DR VIRENDER MAHAJAN, NATIONAL AWARD WINNER AND FORMER CHAIRMAN BOARD OF INDIAN MEDICINE J&K IN AN INTERVIEW WITH SHASHANK CHOWDHARY**

Question: Being an accomplished scholar and Physician in your own right, what actually inspired you to adopt arthritis as a specific field of your research.

Answer: After entering the Ayurvedic profession it took me a little time to realise that the field of arthritis has remained totally neglected and ignored so far and there have been no sincere and concrete efforts by the experts to evolve some practical way of providing relief to the patients from this painfully crippling disease. I felt that Ayurveda being just not only the mode of treatment but a complete science in itself has the potential to give succor and relief to the of patients suffering from rheumatism. The pitiable condition of the patient of rheumatism and my total commitment to Ayurveda, the great scientific heritage of India inspired and encouraged me to take to research in this particular disease and its cure purely on the basis of Tridosha theory enshrined in ancient Ayurvedic classics.

Question: What does the word rheumatism or rheumatoid arthritis mean in broad terms and how does this disease effect the different parts of human body.

Answer: Basically rheumatic diseases are the chronic and sub acute systemic inflammatory diseases, mainly involving the smaller joints of the hands, wrists, ankles, knees and cervical spines. The joints of shoulders, elbows and hip are less commonly involved but the cynovial joints are more severely affected. Actually the word rheumatism has been derived from the word rheumatismos, which designated mucus as an evil humour thought to be flown from brain to joints and other parts of the body ultimately causing pain, swelling and also irreversible type of skeletal deformities. The joints of the body become swollen, painful and stiff which results in immobility and crippling deformities as well. As per available statistics about 1% of the total population of the world suffer from this disease.

Question: The wonder herbal drug S.Compound developed by you has received wide spread acclaim and acceptability at the national and international level, will you please enlighten us about its main herbal ingredient and also availability in the country.

Answer: S.Compound contains salai guggulu as its main ingredient, which is processed in herbal extracts like Rasna, Punarnava, Erand, Giloi, Devdaaru, and few others. As regards its availability, it is available at all leading stores moreover the drug stands approved by the union Health Ministry under Central Government Health Scheme.

Question: Has S.Compound any curative effect on other diseases besides arthritis.

Answer: It is quite heartening to reveal that in addition to its more than 80% success rate in curing arthritis, S.Compound has given exceedingly encouraging results in curing asthma, ulcerative colitis and even the deadly cancer, if given in comparatively higher dose schedule, it has been established beyond doubt that it is a Leukotriene Inhibitor . The work was published in European Journal of Medical Research.

Question: Have the clinical trials to establish the curative efficacy of S.Compound on arthritis been undertaken at your own level or some reputed National or International research institutions involved in it.

Answer: Yes, initially the drug was prescribed to the patients who visit my clinic but later on others were also involved .The first study was carried out at Government Ayurvedic College Hospital Jammu in the cases of rheumatoid arthritis, CDRI Lucknow compared it with Phenylbutazone and found better results The latest was the Government Medical College Jammu which established its role in Osteo arthritis, the comparative study was taken up with Ibuprofen, and the research paper was published in "The Indian Practitioner .

Question: Dr Mahajan will you please disclose your future plan with regard to research in the new millennium and also whether you intend to expand or divert the sphere of your research related activities any further.

Answer: We are trying to monitor the efficacy of certain medicinal plants which have anti ageing effect because degeneration which is irreversible phenomena can be changed with the help of Ashvagandha, Gokhru Musli and some other plants. Moreover we intend to start a cancer clinic because S.Compound has been established as Leukotriene Inhibitor, the center will supply free of cost drug. if any reputed organization come forward for cancer research in joint venture .Where as , it has been and always be our endeavor to relentlessly apply ourselves for the well being of the ailing humanity ,so that in the new millennium we are able to help relieve the pain and agony of sick through Ayurveda the science of life more effectively

.Also the fresh challenges being posed by deadly diseases like AIDS, Cancer, Cardiac, Renal and Hepatic disorders have to be accepted by Ayurveda in the new Century and its professionals shall have to make all out research oriented efforts to provide effective alternate remedies for the sufferers.

Question: Dr Mahajan any message for the professionals of Ayurveda.

Answer :I am of the firm opinion that the new generation of Ayurvedists has very heavy responsibilities on their shoulders including the restoration of Ayurveda to its past glory and ensure it a respectable place of pride among different streams of Medical Science in the world. Besides it has also to be established before the world community that Ayurveda is a complete science and quite capable of effectively meeting the challenging menace of deadly ailments like AIDS, Cancer. This however requires their total professional commitment and zeal to serve the ailing masses through research-oriented approach. I also wish them success in their future endeavors to make a disease free society.

# **THE KASHMIR TIMES**

**Internet edition: [www.kashmirtimes.com](http://www.kashmirtimes.com)**

**JAMMU MONDAY January 20,2003**

**RHEUMATIC SPECIALIST DECLARED MAN OF YEAR**

**KT NEWS SERVICE**

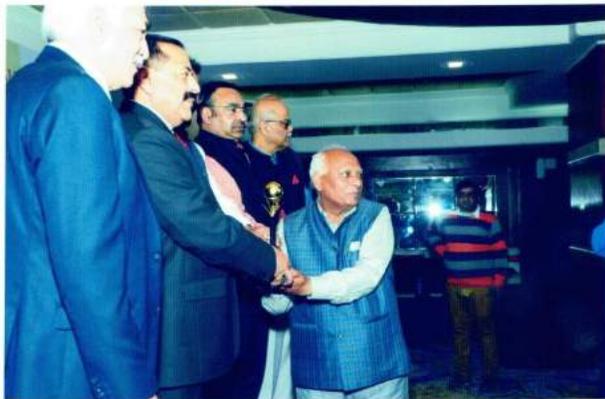
JAMMU, Jan 19,American Biographical Institute Inc, publisher of Biographical References works since 1967 with its head quarter at North Carolina USA has declared Dr Virender Mahajan, Medical Director Maharishi Charak Ayurvedic Centre for Rheumatic Diseases Jammu as the man of the year 2003.

In communication sent by its President JM Evans stated, " I am delighted to announce your nomination for the prestigious title" Man of the year 2003" .The institute 's international Board of Research decided on your nomination due to your overall accomplishments and contribution to the society .Dr Virender Mahajan has discovered the anti arthritis herbal medicine S.Compound was already awarded National Award by HE, The President of India and J&K Government award apart from number of honors and awards for his outstanding contribution in Ayurvedic research.

The herbal drug developed by him has benefited thousands of patients suffering from arthritis around the globe.



Receiving National Award 1986 from HE, The President of India



Receiving ASSOCHAM Innovation Award from MOS in PMO  
Dr Jitender Singh Feb 2018



Receiving Independence Day 1988 Award from Chief Minister J&K

# S.COMPOUND

**Only solution to arthritic problems**

**S.COMPOUND , 100% HERBAL CONFIRMS  
TO INTERNATIONAL STANDARDS  
OFFERS SOLUTION FOR ARTHRITIS &  
ALLIED AILMENTS**

**ARTHRITIS IS CURABLE IF TREATED IN  
TIME**